



Mt. Everest Challenge

This event is a combination of orienteering and the “Amazing Race” that uses Mt. Everest and the challenges of mountaineering as its theme. Teams of 4 or 5 will receive a map and a set of instructions. They then have to visit a total of 9 sites and complete whatever activity is required. Teams receive a piece of a puzzle at each site when they successfully complete the activity. The event moves quickly and teams work independently of other teams. Once all teams have returned to base camp, they are scored on how well they did at each site plus how quickly they can put their puzzle pieces together.

Some of the activity sites and games include:

Base Camp - Here the teams receive their brief for the day. On finishing they will also get a quiz on Mt Everest or have an activity to do to gain any puzzle pieces they need to complete the puzzle

Namche Bazaar - Task is to take several compass bearings on local mountains (guide will help out here if necessary)

Khumbu Icefall - Move equipment across a “glacier” using counterbalanced planks

Hillary’s Step - Climb a set of steps in the least amount of steps!

Khatmandu - Using riddles and cryptic clues, teams find information that will benefit their expedition

Geneva Spur - The group has to recover a backpack that has been accidentally dropped down an ice hole. Quite difficult involving strength, teamwork, and a sense of logic

Lohtse - Here the group has to measure the height of an object using whatever they have to hand

South Col - Climb a rugged rock face (with guides). Strength and team work are required to get one member of the group to the top.



Location:	Banff, Lake Louise, Calgary, Canmore, Kananaskis
Group Size:	Minimum 20, max. 200
Cost:	Please contact us for a quote
Inclusions:	All equipment, challenge events, fun event prizes for the top 3 teams
Time Period:	2 hours to 2 ½ hours